

Curriculum Vitae

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Kitila Alexander Kanyama MKUMBO

I: PERSONAL INFORMATION

Citizenship and status: Tanzanian; married, 3 children. Date of birth: 21 June 1971

II: EDUCATION

Ph. D.	University of Southampton, UK	2008
(Psychology)	Thesis: <i>An Exploration of the Psychosocial Factors Affecting the Development and Delivery of School-Based Sex and Relationships Education in Tanzania</i> Supervisor: Professor Roger Ingham	
M.A.		
(Applied Social Psychology)	University of Dar es Salaam, Tanzania	2002
B. Sc. Ed	University of Dar es Salaam, Tanzania	1999

III: ACADEMIC POSITIONS

Associate Professor	School of Education, University of Dar es Salaam	
Dean	Faculty of Education, Dar es Salaam	July 2012-November 2013
	University College of Education (DUCE)	
Senior Lecturer	School of Education, University of Dar es Salaam	July 2011 to July 2014
Head of Department	Department of Educational Psychology and Curriculum Studies, University of Dar es Salaam.	July 2009 to June 2012
Chief Editor	Journal of Education, Humanities and Sciences	September 2013-
Associate Editor	Papers in Education and Development (PED)	2009 to present

Member of Editorial Board	International Journal of Management in Education	January 2013-
Member of Board	Teaching and Learning Facilitation, National Council for Technical Education (NACTE)	September 2013-
Examinations Officer	School of Education, University of Dar es Salaam	January – June 2009

IV: OTHER POSITIONS

Vice Chairman	University of Dar es Salaam Academic Staff Assembly (UDASA),	August 2010 to August 2012
Chairman	Board of Directors, Tanzania Citizens Information Bureau (TCIB), July 2010 to date	2010 to present
Coordinator	University of Dar es Salaam Technical AIDS Sub-Committee	2009 to 2012
Administrative Officer	University of Dar es Salaam	1999 to 2003
President	Dar es Salaam University Students Organisation (DARUSO)	1998/1999

V: RESEARCH INTERESTS

My research interests focus on psychology and education on the following areas:

- Sexuality and HIV and AIDS education
- Adolescence development
- Interpersonal and intergroup relationships
- Teachers' motivation and commitment
- Inclusive education
- Language of education
- Assessment of learning outcomes
- Survey research

VI: TEACHING

I teach a number of courses to undergraduate and postgraduate students, including:

- Introduction to Psychology (Undergraduate)
- Psychology of Adolescence (Undergraduate)
- Psychology of Human Development (Undergraduate)
- Psychology and crime (Undergraduate)
- Social Psychology (Undergraduate and Postgraduate)
- Theories of Teaching and Learning (Postgraduate)
- Research Methods in Education (Undergraduate and Postgraduate)

VII: PUBLICATIONS

A: Journal Articles

1. **Mkumbo, K.A.K** (2013). Students' attitudes towards sex and relationships education in Tanzania. *Health Education*, DOI: 10.1177/001789691351042
2. Wood, L., de Lange, N. & **Mkumbo, K.** (2013). Drawing AIDS: Tanzanian teachers picture the pandemic: Implications for re-curriculation of teacher education programmes. *Perspectives in Education*, 31 (2), 1-13.
3. **Mkumbo, K.A.K.** (2013). Assessment of HIV/AIDS knowledge, attitudes and behaviours among students in higher education in Tanzania. *Global Public Health: An International Journal for Research, Policy and Practice*, DOI: 10.1080/17441692.2013.837498.
4. **Mkumbo, K.A.K.** (2013). Prevalence of and factors associated with work stress in academia in Tanzania. *International Journal of Higher Education*, pre-published, September 12, 2013. doi: 10.5430/ijhe.v3n1p1.
5. **Mkumbo, K.A.K.** (2013). Young people's assessment of their sources of information about sexual health in rural and urban Tanzania. *LWATI: A Journal of Contemporary Research*, 10 (2), 163-174
6. **Mkumbo, K.A.K.** (2013). Factors associated with teachers' motivation and commitment to teach in Tanzania. *Journal of Educational Sciences and Psychology*, LXV, 58-71.
7. **Mkumbo, K.A.K.** (2012). Teachers' attitudes towards and comfort about teaching school based sexuality education in urban and rural Tanzania. *Global Journal of Health Science*, 4(4), 149-158. doi: 10.5539/gjhs.v4n4p149 .
8. **Mkumbo, K.A.K.** & Amani, J. (2012). Perceived university students' attributions of their academic success and failure. *Asian Social Science*, 8 (7), 247-255.doi: 10.5539/ass.v8n7p247.
9. **Mkumbo, K.A.K.** (2012). Teachers' commitment to, and experiences of, the teaching profession in Tanzania: Findings of focus group research. *International Education Studies*, 5(3), 222 - 227.doi: 10.5539/ies.v5n3p22.
10. **Mkumbo, K.A.K.** (2012). Reflections on the 2010 National Form Four examination results. *Papers in Education and Development*.
11. **Mkumbo, K.A.K.** (2012). Content validity of national examinations in assessing the curriculum objectives in Tanzania. *Journal of Education, Humanities and Sciences*, 1, 15-26.

12. **Mkumbo, K.A.K** (2010). What Tanzanian young people want to know about sexual health; implications for school-based sex and relationships education. *Sex Education*, 4, 405-412.
13. **Mkumbo, K.A. K.** (2010). Students' attitudes towards learning with their peers with disabilities: Implications for inclusive education. *Journal of Adult Education in Tanzania*.
14. **Mkumbo, K.A.K** (2010). Correlates of teachers' attitudes towards and comfort in teaching school-based sex education in urban and rural Tanzania. *Papers in Education and Development*, 29, 57-76.
15. **Mkumbo, K.A.K. & Ingham, R** (2010). What Tanzanian parents want (and don't want) covered in school-based sex and relationships education. *Sex Education*, 10, 67-78
16. **Mkumbo, K.A.K.** (2009). Content analysis of the status and place of sexuality education in the national school policy and curriculum in Tanzania. *Educational Research and Reviews*, 4, 616-625.
17. **Mkumbo, K.A.K.**, Schaalma, H., Kaaya, S., Loorijer, J., Mbwambo, J., & Kilonzo, G. (2009). The application of Intervention Mapping in developing and implementing school-based sexuality and HIV/AIDS education in a developing country context: The case of Tanzania. *Scandinavian Journal of Public Health*, 37(Suppl 2), 28-36.

B: Books, Book Chapters and Book reviews

18. **Mkumbo, K.A.K.** (2013). Old enough to know: consulting children about sex and AIDS education in Africa (Book Review). *Sex Education: Sexuality, Society and Learning*, 1-3. DOI: 10.1080/14681811.2012.761897
19. **Mkumbo, K.A.K. (2013).** Promoting Abstinence, Being Faithful, and Condom Use with Young Africans: Qualitative Findings from an Intervention Trial in Rural Tanzania (Book Review). *Global Public Health: An International Journal for Research, Policy and Practice*. DOI: 1080/17441692.2013.840008.
20. Omari, I.M & **Mkumbo, K.A.K.** (2006) Adolescence and school learning. In I.M. Omari (Ed.), *Educational psychology for teachers* (pp. 173-197). Dar es Salaam, Tanzania: Dar es Salaam University Press.

VIII: RECENT CONFERENCE PRESENTATIONS, TRAINING PROGRAMMES AND EXPERT MEETINGS

2013:

1. The effect of physical attractiveness on the employers' decision to hire. Paper presented at the Eastern Africa Regional Conference of Psychology (EARCP) 6th-8th November 2013, Kampala, Uganda.
2. Content validity of national examinations in assessing curriculum objectives in Tanzania. Paper presented at the Association for Educational Assessment in Africa (AEAA) Conference, Arusha, Tanzania, 16-20 August 2013.
3. Factors associated with teachers' motivation and commitment to teach in Tanzania. Paper presented at the Distance Education and Teacher Education in Africa (DETA) Conference, University of Nairobi, Nairobi, 30 July 2013 to 1 August 2013.

2012:

1. Sub-regional training on comprehensive sexuality education, Bagamoyo, Tanzania, 28 May- 01 June 2012. Facilitated by Professor Douglas Kirby.
2. Teachers commitment to the teaching profession in Tanzania. Paper presented at the National Conference on Education in Tanzania, Kunduchi Beach Hotel, Dar es Salaam, 28-30 March 2012.
3. IPPF Comprehensive Sexuality Education (CSE) Consultative Meeting, London, 5 – 6 March 2012

2011:

1. Politics of HIV and AIDS education in Tanzania. Paper presented at the First African Conference on HIV and AIDS Education, Zanzibar, Tanzania, 27-28 September 2011.
2. Technical consultative meeting on Ethical and Safety Guidance notes for research on adolescents, WHO, Geneva, Switzerland. 23-24 June 2011.

2009:

1. What Tanzanian young people want to know about sexual health? Implications for school-based sex and relationships education. Paper presented at the International Conference on the ABC of sex and relationships education, Birmingham, UK, 7-9 September 2009.

2008:

1. Factors affecting the development and delivery of school- based sex and relationships education in Tanzania. Presentation at the Faculty of Medicine,

Health and Life Sciences Postgraduate Conference, University of Southampton, General Hospital, 3- 4 June 2008.

2. School-based sex and relationships education in Tanzania: enablers and barriers. 3rd Africa Conference on sexual health and rights, Abuja International Conference Centre, Abuja, Nigeria, 4-7 February 2008.

2007:

1. School-based sex and relationships education in Tanzania: Challenges and opportunities. International Conference on Place-Based Sex/Sexualities and Relationship Education, Institute of Education, University of London, 23 May 2007.

IX: AWARD

- Certificate and award for outstanding presentation, Postgraduate Faculty Conference (3-4 June 2008), Faculty of Medicine, Health and Life Sciences, University of Southampton, UK.: June 2008
- Commonwealth PhD Scholarship, UK: 2006-2008
- Academic Scholars Programme, Concordia College, Moorhead, Minnesota, USA: February-May 2005
- Sida/SAREC Masters Scholarship, University of Dar es Salaam, Tanzania. 1999-2001

X: RESEARCH GRANTS AND CONSULTANCY PROJECTS

UNESCO	Development of the education sector strategic plan for HIV and AIDS	2014
Tanzania Commission for AIDS (TACAIDS)	Development of Advocacy Strategy for Resource Mobilisation for HIV and AIDS	2014
AMREF	Research on approaches for communicating sexual and reproductive health information and education for marginalised young people in Tanzania	2013
HakiElimu, Dar es Salaam	Research on the relationship between school climate and school academic achievement	2013
Tanzania Commission for AIDS (TACAIDS)	• Development of Guidelines for Mainstreaming Gender and Human Rights in HIV/AIDS Advocacy Strategy	2013
UNESCO Dar Cluster Office, Tanzania	• Sexuality Education Review and Assessment in Tanzania (SERAT) • Development of Behaviour Change Communication (BCC) Package for Higher Education Institutions in Tanzania	2012
HakiElimu Dar es Salaam	Research on the relationship between curriculum objectives and examination practices in Tanzania	2012
African Medical Research Foundation (AMREF)	Research on HIV and AIDS related Knowledge, Attitudes and Practice among in and out of school youth in Iringa and Dar es Salaam	2011
HakiElimu	A study on the relationship between teachers' qualifications, commitment and students' academic performance in six regions	2011
Private Nurses and Midwives Association of Tanzania (PRINMAT)	Midterm evaluation of the Ujana Project	2011

XI: COMPLEMENTARY INFORMATION:

Professional Affiliation

- Pan African Psychological Union (PAPU)
- Tanzanian Psychological Association (TAPA)
- Tanzania Public Health Association (TPHA)
- World Association for Sexual Health (WAS)
- African Federation for Sexual Health (AFSH)
- The Society the Psychological Study of Social Issues (SPSSI)
- International Association of Applied Psychology (IAAP).

Media Appearances (selected)

TBC (This Week in Perspectives-frequently), ITV (frequently), BBC Kiswahili Radio, East Africa Television (EATV), Guardian on Sunday (Invited Columnist), The Citizen, Raia Mwema (Regular Columnist)

Languages

Kiswahilli, Kinyiramba (native) and English (fluent)

XII: Supervision of Postgraduate Students

I have supervised and continue supervising a number of masters and PhD candidates, including the following:

I: Masters Dissertations/Theses

<i>Candidate's Name and Year</i>	<i>Dissertation/Thesis Title</i>
1. Nicas Joseph Ngogo (2009)	Knowledge about HIV & AIDS and perceived self-efficacy as predictors of communication about sexual health among college students in Tanzania
2. Amani Angumbwike Mwakalapuka (2009)	An exploration of challenges and psychosocial coping strategies associated with couple sero-discordance
3. Nakaniwa Antony Mavella (2009)	Effectiveness of heads of secondary schools in supervision of teaching and learning activities in Dar es Salaam, Tanzania
4. Simeon Hazore Mgode (2009)	The role of the family in enhancing child transition from home to the primary school in Mbozi District, Tanzania
5. Phabiana Francis (2010)	The effect of physical attractiveness on hiring decision making in the context of Tanzania
6. Esther Thomas (2010)	The relationship between family background characteristics and academic performance among primary school pupils in Mtwara Region, Tanzania
7. Hyasinta Francis Kessy (2010)	Differences in self-esteem between adopted and institutionalised orphans in Dar es Salaam, Tanzania
8. Jacqueline Amani (2010)	Causal attribution of academic performance among University of Dar es Salaam students in Tanzania
9. Innocent Nasson Messo (2010)	Prevalence of posttraumatic stress disorder in a sample of children involved in bomb blasts in Mbagala-Tanzania in April 2009
10. Cecilia Peter Swai (2010)	Vulnerable children's access and participation in secondary education in Rufiji and Mkuranga Districts, Tanzania: Challenges and opportunities

<i>Candidate's Name and Year</i>	<i>Dissertation/Thesis Title</i>
11. Makwasa Layphod Bulenga (2010)	The effect of primary school development plan (PEDP) on primary education internal efficiency in the context of HIV & AIDS: The case of Makete District, Tanzania
12. Judica Luca Minja (2010)	Knowledge about risky sexual behaviours among secondary school students and its implications in pregnancy prevention
13. Wiliam John (2011)	Determinants of community involvement in the implementation of educational programmes
14. Noela Ndunguru (2011)	The relationship between self-esteem, self-confidence and academic achievement among undergraduate students in selected public and private Universities in Iringa Region, Tanzania
15. Godwin Mitula Mkumbo (2011)	An exploration of sexual health communication between parents and their children: Implications for school based education
16. Christina Nelson Mbilinyi (2012)	Determinants of career choice decision making among secondary school students in Tanzania
17. Joseph Christopher Mbilinyi (2012)	Female genital mutilation: Implications for girls' education in Tarime District, Tanzania
18. Elizabeth Bhalalusesa (2012)	Learning experiences of students with visual impairment at the University of Dar es Salaam, Tanzania
19. Lwimiko Sanga (2013)	The effect of parent-adolescent communication about sexuality on risk-taking sexual behaviours of adolescents in Mtwara.
20. Janeth Mlay (2013)	Analysis of children's physical and intellectual stimulation through play in nursery school environments in Dar es Salaam, Tanzania
21. Nabwera Rashid (2013)	Predictors of career choice among student teachers at the University of Dar es Salaam
22. Navoneiwa Sanare Ombeni (2014) 2011-06-01501	Effectiveness of HIV and AIDS education programmes in promoting knowledge and positive behaviour related to HIV and AIDS among female primary schools in Kinondoni.
23. William C. Mashingo (2014) 2011-06-01469	The perceptions of student teachers towards the teaching profession in Tanzania: The case of Marangu Teachers' College
24. Elisei R. Kessy (2014) 2011-06-01097	A comparative analysis of attitudes towards the teaching profession among certificate, diploma and degree level student teachers in Tanzania.

II: PhD Theses (completed)

1. Mwanja Jonathan Muema (2011)	The psychological effects of traumatic experiences resulting from post election violence among primary school children in Kenya
2. Margareth Bilinga (2012)	Effectiveness of school-based sexuality education in promoting knowledge and skills relating to prevention of pregnancy and HIV in Tanzania
3. Maregeresi Machumu (2013)	Promoting Children's Learning through Quality Pre-Primary Education in Tanzania
4. Enortha Shayo	Management of students' conflicts in the context of cost sharing policy in Tanzania
5. Jacqueline Amani	Determinants of career choice and career intentions among university students

III: On going Ph. D Supervision

1. Blandina Mazuki	An exploration of initial teacher education and professional learning processes in the context of Competence Based Education in Tanzania
2. Loyce Kiiza Kobusingye	The effect of intimacy, risk perception, self-esteem on university students' vulnerability to HIV/AIDS